

**DATE OF PREPARATION: April 2, 2014**

**PERSONAL DATA:**

**NAME:** James B Post

**BIRTH DATE:** November 11, 1970

**BIRTHPLACE:** USA

**CITIZENSHIP:** USA

**WORK EXPERIENCE:**

12/2003-Present Attending Physician, Nephrology, James J. Peters VA Medical Center, Bronx, NY

6/2013-7/2014 Co-Administrator of Hemodialysis Unit: James J Peters VAMC

**ACADEMIC APPOINTMENTS**

6/2007-Present Assistant Professor, Nephrology Division, Mount Sinai School of Medicine, New York, NY

**POSTDOCTORAL TRAINING**

7/97-6/00 Internal Medicine Internship/Residency, Lenox Hill Hospital, Department of Medicine, New York, NY

6/00-6/01 Chief Medical Resident, Lenox Hill Hospital, Department of Medicine, New York, NY

7/01-6/03 Nephrology Fellowship, Lenox Hill Hospital, New York, NY

**EDUCATION**

1997 MD, Doctor of Medicine, Albert Einstein College of Medicine, Bronx, NY

1992 BS, Biology, King's College, Wilkes-Barre, PA

**LICENSURE AND BOARD CERTIFICATION:**

8/98-Present Medicine, New York State

ABIM Internal Medicine 2000 (valid through 12/31/2020)

ABIM Maintenance of Certification Internal Medicine 2010

ABIM Nephrology 2003 (valid through 12/31/23)

ABIM Maintenance of Certification Nephrology 2013 (valid through 12/1/2023)

**HONORS**

2003 Leon Hess Memorial Award for Fellowship Excellence, Lenox Hill Hospital, New York, NY

2002 Poster Presentation, American Society of Nephrology (33<sup>rd</sup> Annual Meeting)

1996 Alpha Omega Alpha-Medical Honor Society; Albert Einstein College of Medicine, Bronx, NY

1992 Summa cum laude; King's College, Wilkes-Barre, PA

1986 Eagle Scout

**PROFESSIONAL SOCIETIES**

1998-Present American Society of Nephrology

**DEPARTMENTAL AND UNIVERSITY COMMITTEES**

2013-Present Member, Water safety committee

2013-Present Member Clinical Competency committee

2013-Present Member Tele-health Committee

2007-2010 JJPVAMC Institutional Review Board committee member

**GRANTS AND CONTRACT SUPPORT**

Granting Agency	Grant Type	Grant Number	Grant Title	Dates of Funding	Role in Project	Total Grant Award
<b>Submitted for Funding</b>						
VA RR&D	Investigator Initiated Research (IIR) (SPiRE)		Effect of Angiotensin Blockers on Cerebral Blood Flow, Cognition, and Gait	Submitted Sep 15, 2013	Principal Investigator	\$168,468
<b>Submitted for Funding</b>						<b>\$144,512</b>
<b>Completed VA Funding</b>						
VA RR&D	Investigator Initiated Research (IIR) Pilot Study	F7539-P	Vitamin D Supplementation on Physical and Cognitive Function - Pilot Study	07/01/2011-06/30/2013	Principal Investigator	\$158,730
VA RR&D	Career Development CDA2	B5050-W	Impact of Cognitive Impairment on Function in Hemodialysis Patients	08/01/2008-7/31/2012	Principal Investigator	\$668,000
VA RR&D	VISN3 SEED Grant		Cognitive Impairment in Patients with Chronic Kidney Disease	10/01/2006-9/30/2008	Principal Investigator	\$50,000
<b>Completed VA Funding</b>						<b>\$876,730</b>

## **TEACHING ACTIVITIES**

- 2006-Present      Group Discussion Leader, Mount Sinai 1<sup>st</sup> year medical students, James J. Peters VAMC, Bronx, NY
- 2004-Present      Internal Medicine Ward Attending, Internal Medicine Interns/Residents/Medical students, James J. Peters VAMC, Bronx, NY
- 2004-Present      Clinical Preceptor, Mount Sinai 1<sup>st</sup> year medical students, James J. Peters VAMC, Bronx, NY  
6/01-6/03          Preceptor and Lecturer, Clinical Nephrology, Lenox Hill Hospital PA Program, NY, NY

## **PATENTS AND INVENTIONS**

N/A

## **PUBLICATIONS**

### *Peer Reviewed Original Contributions*

1. Post JB et al. Cognition may be Related to Arterial Pulsatility Index in HD Patients. *Clinical Nephrology* 2014; 81(5): 313-9
2. Vlassara H, Uribarri J, Cai W, Goodman S, Pyzik R, Post J, Grosjean F, Woodward M, Striker G. Effects of Sevelamer on HbA1c, Inflammation, and Advanced Glycation End Products in Diabetic Kidney Disease. *CJASN*. 2012; Vol. 7. 934-942.

3. Post JB, Morin KG, Sano M, Jegede AB, Langhoff E, Spungen AM. Increased Presence of Cognitive Impairment in Hemodialysis Patients in the Absence of Neurological Events. *Am J Nephrol*. 2012; 35(2):120-126.
4. Post JB, Jegede AB, Morin K, Spungen AM, Langhoff E, Sano M. Cognitive Profile of Chronic Kidney Disease and Hemodialysis Patients without Dementia. *Nephron Clin Pract*. 2010; 116(3):c247-c255.
5. Post JB. Thrombocytopenia Associated with Use of a Biocompatible Hemodialysis Membrane: a Case Report. *Am J Kidney Dis*. 2010; 55(6):e25-28.
6. Korsten MA, Spungen AM, Rosman AR, Ancha HR, Post JB, Shaw S, Hunt KK, Williams R 3<sup>rd</sup>, Bauman WA. A Prospective Assessment of Renal Impairment After Preparation for Colonoscopy: Oral Sodium Phosphate Appears to be Safe in Well-Hydrated Subjects with Normal Renal Status. *Dig Dis Sci*. 2010; 55(7):2021-2029.
7. Vlassara H, Uribarri J, Ferrucci L, Cai W, Torreggiani M, Post JB, Zheng F, Striker GE. Identifying Advanced Glycation End Products as a Major Source of Oxidants in Aging: Implications for the Management and/or Prevention of Reduced Renal Function in Elderly Persons. *Semin Nephrol*. 2009; 29(6):594-603.
8. Vlassara H, Torreggiani M, Post JB, Zheng F, Uribarri J, Striker GE. Role of Oxidants/Inflammation in Declining Renal Function in Chronic Kidney Disease and Normal Aging. *Kidney Int Suppl*. 2009; 114:S3-11. Review.
9. Ancha HR, Spungen AM, Bauman WA, Rosman AS, Shaw S, Hunt KK, Post JB, Galea M, Korsten MA. Clinical Trial: the Efficacy and Safety of Routine Bowel Cleansing Agents for Elective Colonoscopy in Persons with Spinal Cord Injury – a Randomized Prospective Single-Blind Study. *Aliment Pharmacol Ther*. 2009; 30(11-12):1110-1117.
10. Singal AK, Rosman AS, Post JB, Bauman WA, Spungen AM, Korsten MA. The renal safety of bowel preparations for colonoscopy: a comparative study of oral sodium phosphate solution and polyethylene glycol. *Aliment Pharmacol Ther*. 2008; 27(1):41-7.
11. Prohovnik I, Post J, Uribarri J, Lee H, Sandu O, Langhoff E. Cerebrovascular effects of hemodialysis in chronic kidney disease. *J Cereb Blood Flow Metab*. 2007; 27(11):1861-9.
12. Post JB, Wilkes BM, Michelis MF. Iron deficiency in patients with chronic kidney disease: potential role for intravenous iron therapy independent of erythropoietin. *Int Urol Nephrol*. 2006; 38(304):710-23.
13. Post JB 4<sup>th</sup>, Frishman WH. Fenoldopam: a new dopamine agonist for the treatment of hypertensive urgencies and emergencies. *J Clin Pharmacol*. 1998; 38(1):2-13. Review.

### **Other Peer Reviewed Publications**

#### **Abstracts**

1. **Post JB**, Morin KG, Rosado Rivera D, Handrakis JP, Sano MC, Spungen AM. Arterial Stiffness in HD Patients Correlates with Early Cognitive Deficits. *J Am Soc Nephrol*. 2010; 21:456A.

2. **Post JB**, Morin KG, Spungen AM. Hemodialysis Patients May Overestimate Their Ability to Manage Complex Medical Regimens. *J Am Soc Nephrol*. 2010; 21:716A.
3. Singal AK, Rosman AS, **Post JB**, Bauman WA, Korsten MA. Effect of Colonoscopy Preparation on Renal Function: A Retrospective Comparison of Oral Sodium Phosphate Versus Polyethylene Glycol. *American College of Gastroenterology 71<sup>st</sup> Annual Scientific Meeting*. October 20-25, 2006.
4. **Post JB**, Devita MV, Michelis MF, Wilkes BM. The Prevalence of Iron Deficiency in Patients with Chronic Kidney Disease at the Time of Dialysis Initiation. *American Society of Nephrology National Meeting*. A95823611. Philadelphia, PA. November 1-4, 2002.

#### **INVITED LECTURE/PRESENTATIONS**

1. *Cognitive Profile of Patients with Advanced Kidney Disease without Dementia*. April, 2010. Keynote Presentation, VA Research Day, James J Peters VA Medical Center, Bronx, NY.
2. *Cognitive Impairment in Hemodialysis Patients*. April 21, 2005, Bronx Veterans Affairs Hospital medical grand rounds presentation, Bronx, NY.

#### **MEDIA RESOURCE EDUCATION MATERIALS**

N/A